America's chocolate and candy companies are committed to providing consumers with more transparency, choice, portion guidance and information about what's in our products. From big celebrations to meaningful moments and all the "treat yourselfs" in between, chocolate and candy sweeten our memories and help bring us closer together.

of consumers feel physical health and emotional wellbeing are connected.

of all adults believe it is perfectly fine to occasionally treat with chocolate or candy.

IN PACKAGING THAT GIVES YOU CHOICES...

The confectionery industry is committed to providing more package size options for consumers.

of consumers agree that it is important for chocolate and candy brands to offer portion size variety.

## WITH A LITTLE SOMETHING FOR EVERYONE...

From beloved classics to new offerings like zero sugar and organic, our companies are meeting consumers where they want to be met. As the confectionery industry grows and consumer tastes change, confectionery companies are offering a wide range of classic and innovative treats for any lifestyle.

People understand that chocolate and candy are treats, and they embrace them as a special social currency. Sharing a little bit of confectionery is a time-honored tradition and an important consideration for consumers when they purchase chocolate and candy.

agree that candy is a fun part of special celebrations and traditions.

share with family and friends at least half the time when buying chocolate and candy.


People in the U.S. enjoy chocolate and candy 2-3x per week
averaging about

## 40 calories

and just one teaspoon of added sugar per day. ${ }^{1}$

